34. Good for support, legato/smoothness of vowels

Pray - ee - ah - oh - oo

35. Good for legato, relaxation, and low notes (decending)

yah (etc.)

36.

yah

37. Use bright "ee" vowel to get forward placement then keep it during "ah" vowel.

Mee - yah

38. "Coo Slides"
In falsetto. Great for building control in head voice.

"Coo

39.

Seh - luh - mine

40.