Universal Warm-ups
(Men, Women, Boys, and Girls)
Dr. Bruce Mc Innes
Grace Church, New York

23. Adagio

Think, breathe, sing "See"

Start men on G below middle C
Change to "Say" a 4th higher
Change to "Saw" a 3rd higher
(always with 3 beat piano intro.)

24. Andante

Ah (Aw,Ee)

25. Allegro

Crazy Cookies, Crazy Cookies, etc.

Change syllables as you see fit. I combine
the names of students with an apt
designation.
eg. Ea-ger Er-ic, Lo-vely Lu-cy,
    Jol-ly, Jack-son, Dap-per Da-niel,
    Wil-ey Wil-li-e, Noi-sy Nan-cy,
    Cool-cat Kat-tie, etc.

26. Vivace

Sony, Sony, Sony, Sony Mi-su-bi-shi.

Other combinations:
Roses & Gladiolas
Friskies & Kitty Litter