

PASADENA AREA GUIDE

INFORMATION PROVIDED
BY MEMBERS OF
THE CALTECH WOMEN'S CLUB

FALL 2003

NOTE

This guide is a new project of the Caltech Women's Club and it depends entirely on club members' suggestions. It is not intended to be a complete or exhaustive listing of Pasadena area services, but if there is a category we've left out or a service provider you would like to refer we welcome additional recommendations for future editions. If you can provide new or updated information for future editions to this guide, please email your suggestions to ktclark@caltech.edu or mail them to Katie Clark, 2016 Oak Street, South Pasadena, CA 91030.

DISCLAIMER

The resources identified in this guide have been suggested by individual Club members, and any commentary provided herein reflects the personal opinions of the contributing Club members and should not be interpreted as an endorsement of these businesses or organizations by the Caltech Women's Club or the California Institute of Technology, or any kind of warranty as to the quality of services provided.

ACUPUNCTURIST

Irit Polter, L. Ac.
960 E. Green Street, Suite 168
Pasadena, CA 91106
626-577-2451

State Licensed Acupuncturist, Certified Herbalist: Acupressure/Massage. Treats neck, shoulder and back pain, headaches, stress, anxiety, insomnia, sinusitis, allergies, gynecological disorders, digestive disorders, PMS + menstrual pain. Experienced, focused, thorough, compassionate. Very results oriented. Approximately one-hour sessions. Ref. by Julie McC.

ANTIQUES

Salvation Army Antique Thrift Store
35 Waverly Drive, Pasadena
626-795-0274. Ref. by Michaela M.

Scavenger's Paradise
5453 Satsuma Ave., North Hollywood
323-877-7945

Architectural Antiques. + Next door there is a shop with second-hand stained glass work and impressive new stuff. Ref. by Michael M.

AUTOMOBILES

AUTOINSURANCE

AAA Automobile Club of S. California
801 E. Union Street, Pasadena
626-795-0601 www.aaa.com
Straight forward, but not the cheapest.
Ref. by Michaela M.

AUTOMECHANICS

Gene Cummings at Gibson Auto
1701 E. Walnut St., Pasadena
626-795-3726.
Ref. by Laurie Kov.

Genesis Automotive
1920 E. Walnut, Pasadena
626-568-0718
Norton, the senior mechanic, is so good and honest and reasonable, we will probably continue buying Hondas so that we can take our car to him. Ref. by Julie W.

Independent Volvo Service Center
2244 E. Walnut St., Pasadena
626-796-5460. Ref. by Lisa S-L

Sierra Madre Independent Honda Service
54 N. Baldwin Avenue, Sierra Madre
626-355-4663. Ref. by Lisa S-L

DRIVING LESSONS

Pasadena City College
626-585-7608
Motorcycle and car driving instruction at PCC.
Ref. by Michaela M.

USED CARS

Used Car Superstore
121 East Alosta, Glendora, CA
626-914-9996
Ask for Jerry McEntee. Second hand cars. Wholesaler, good service, fair prices without negotiation hassle, ask for Jerry McEntee. Ref. by Michaela M.

www.jpl.nasa.gov/news/employee_newspaper.html
This newspaper produced online and in hard copy every two weeks lists used cars advertised for sale by JPL employees.

BABY SUPPLIES

Bearly Used
1136 North Hollywood Way, Burbank
818-954-9536
Children's consignment store. Ref. by Michaela M.

Caltech Baby Furniture and Household Equipment Pool
234 S. Catalina Avenue, Pasadena
626-584-9773
furnpool@its.caltech.edu
Open Wed., 10am - 1pm or by appointment
People affiliated with Caltech and JPL can borrow cribs and other baby items for a small fee. Household equipment (pots, pans, lights, etc.) also available. Toys can also be borrowed (no charge).

Once Upon a Child
2607 Foothill Boulevard, La Crescenta
818-248-9996
Good selection of new carseats, cribs + decent used baby toys/clothes. Will also buy back your used kids stuff. Great place to shop for new parents since it is not as overwhelming as most baby stores - has good basics. Take 210 West to La Crescenta Boulevard, go north. Turn right on Foothill. Store is in the shopping center about 2 blocks east. Ref. by Katie C.

Salvation Army
56 West Del Mar Avenue, Pasadena
626-577-4649
Thrift shop, especially good for used furniture and baby/kids stuff. Good days are Thursdays when they get new stuff into the store and Fridays when some items (e.g. clothes) are half price. Ref. by Michaela M.

BANKING

Bank of America
Easy access to bank account with all services including internet and phone banking without a social security number. Ref. by Michaela M.

BEAUTY SALONS

CHILDRENS' HAIRDRESSERS

Children's Haircutting
401 S. Lake Avenue, Pasadena
626-792-0211 x4306
Ref. by Vilia Z.

Little Kuts
350 S. Lake Avenue, Pasadena
626-585-9075
Ref. by Katie C.

HAIRDRESSERS

Evolutions
973 E. Green Street, Pasadena (E. of Catalina)
626-795-0299
Stylist Herb Schenden. Ref. by Alice H.

Lee and Al at Apropos
510 Foothill Blvd., La Canada
818-790-9553
Ref. by Laurie Kov.

London Hair Experience
2320 Huntington Drive, San Marino
626-291-2320
Graham does great lights and his wife Audrey gives good manicures and pedicures. Ref. by Kay C.

New Beginnings Salon and Day Spa
138 North Lake Ave., Pasadena
626-449-1231
Ref. by Caroline S.

BOOKS

Scholastic Books Warehouse
Irwindale
626-337-9996
Discount books. Sometimes they have 50% off sales. Good place for children's books.

CARPET CLEANERS

LaDonne Carpet Cleaners
Donald J. Koopczynski
689 E. San Bernardino Road, Covina
626-732-1139. Ref. by Alice H.

CHILDCARE

DAYCARE

Living Way Day Care Center
2495 E. Mountain Street
Pasadena (x-street Altadena)
626-791-4864

Faith-based (non-denominational) daycare from 6 weeks to pre-K. Five days a week from 7am to 6pm. Best thing about the school: low turn-over of teachers. Price is very reasonable. Very loving environment. Classes are small (no more than 12 kids usually) with good teacher-children ratios. Religion is an important part of the day and curriculum, including attending church once a week (kids as well) and reading the bible in class. Very flexible if you need part-time care.

Associated school: Living Way Academy from K through 8th. Ref. by Viviane T.

NANNIES

Nannies to Go
626-444-4820
Ref. by Laurie K.

COUNSELLING

PSYCHOLOGISTS

Margaret Guy, LCSW
595 E. Colorado Blvd., Pasadena
626-449-5514

No psycho-babble, just good solid conversations which help her patients solve their problems themselves. Ref. by Julie W.

Chava Pollack, Ph.D., Clinical Psychology
16 S. Oakland Avenue, Suite 213, Pasadena
Utterly professional, warm, pragmatic. Ref. by Julie McC.

DENTAL

DENTISTS

Dr. James Angelos
1137 E. Green, Pasadena
626-795-7765. Ref. by Alice H.

Kenneth Canzoneri, DDS
500 North First Ave, Suite 1, Arcadia
626-446-1679

Dr. Canzoneri is fabulous! He does meticulous work and is very careful not to cause pain to his patients. I've recommended him to many friends and all are as enthusiastic about him as I am. Ref. by Julie W.

Dr. Edward Joseph
2701 W. Alameda Avenue, Suite 403, Burbank
818-842-7628

Ref. by Lisa S-L

Dr. Robert McNamara
835 Huntington Drive, San Marino
626-799-7107. Ref. by Alice H.

Dr. Salvador Pimentel, D.D.S.
Family Dentistry
237 S. Euclid Avenue, Pasadena
626-577-2848
Ref. by Vilia Z.

Dr. Paul Shinto
301 S. Fair Oaks Ave, Suite 205
Pasadena (x-street Del Mar)
626-796-8904
Ref. by Marjie Weinreb

ORTHODONTIST

Terrance Fong, OD, DDS
9909 Los Tunas, Temple City, CA
626-286-7151
In addition to doing beautiful work, Dr. Fong is efficient and never keeps his patients waiting. Our daughter, who has had two orthodontists, gives him very high marks. Our dentist sent all four of his children to Dr. Fong. Ref. by Julie W.

PEDIATRIC DENTISTS

Dr. Zinnia Carlos
2625 W. Alameda Avenue, Suite 216, Burbank
818-846-8564
Ref. by Lisa S-L

Dr. David A. Chin, D.D.S.
Pediatric Dentist
1808 Verdugo Blvd., Glendale, CA 91208
818-790-6721
Ref. by Vilia Z.

Dr. Kevin Snaer
Huntington Dental Group
1235 W. Huntington Drive, Arcadia
626-449-8963
My daughter-in-law uses Dr. Snaer for her two-year old and is very pleased with him. Ref. by Kay C.

Dr. Kenneth Yamanaka
1941 Huntington Dr., South Pasadena
626-799-4187
Julie is an excellent dental hygienist for children and Dr. Yamanaka provides a treasure chest for children to look through after their exams. Ref. by Jennifer H. P.

DISCOUNT TICKETS

Caltech BookStore/JPL ERC
Members of the Caltech and JPL community can get discount tickets to amusement parks, sporting events, cinemas, etc by checking with the ERC at JPL or the Caltech Bookstore on campus.

DRYCLEANERS

Windsor Cleaners
2040 Huntington Drive, San Marino
626-300-8333
Dry cleaning, flat work, shirts, a seamstress who handles suede well. Ref. by Alice H.

FABRIC

S + F Fabrics
10629 West Pico Blvd.
Los Angeles (in West LA)
An unbelievable array of fabrics for the home and for clothing in three separate stores. Well worth the drive. Ref. by Julie W.

FAMILY FIELDTRIPS

Cabrillo Marine Museum
3720 Stephen White Drive, San Pedro
310-548-7562
www.cabrilloaq.org
Tues.-Fri. noon to 5pm, Sat/Sun 10am to 5pm. Closed Mon. Free admission, charge for parking (except on weekdays in winter). Aquarium with touch tank Playground and beach just across the parking lot. Ref. by Katie C.

Children's Museum at La Habra
301 S. Euclid Street, La Habra
562-905-9693
www.lhcm.org
Mon. - Sat. 10am to 5pm, Sun. 1pm to 5pm. Good substitute for Kidspace while it's closed, but about 1 hour drive. Ref. by Katie C.

Placerita Canyon Nature Center
19152 W. Placerita Canyon Road, Newhall
661-259-7721
Take the 210 W to the 5 North to Highway 14. One of the first exits is Placerita Canyon Road. Go 1 1/2 miles east to the park. It sounds far but it is only about 25 minutes from Pasadena. Small nature center with live animal shows Saturdays at 1pm. No charge. Ref. by Katie C.

FARMER'S MARKETS

Alhambra Farmer's Market
100 S. Monterey (x-street Baystate Street)
626-570-3242. Sundays 8:30am to 1pm

Pasadena Farmer's Market
Pasadena High School, Sierra Madre Blvd.
Every Saturday 8am to 12 noon.

South Pasadena Farmer's Market
Corner of El Centro St. and Meridian Ave.
Every Thursday, 4pm to 8pm

FREE DAYS

Free days or discounted admission at local museums. These days can change so please doublecheck with each institution before heading out.

Autry Museum of Western Heritage
4700 Western Heritage Way (Near LA Zoo)
323-667-2000
Thursdays 4 - 8pm + 2nd Tuesday of the month

California Science Center
700 State Drive, Los Angeles
213-724-3623
Free admission everyday (donation suggested).

Descanso Gardens
818-790-5571 www.descanso.com
Half price 3rd Tuesday of the month

Huntington Library and Gardens
1151 Oxford Road, San Marino
626-405-2141 www.huntington.org
Noon to 4:30pm, 1st Thursday of the month

George C. Page Museum/La Brea Tar Pits
5801 Wilshire Blvd, LA (near Fairfax)
1st Tuesday of the month

Los Angeles County Arboretum
301 N. Baldwin Avenue, Arcadia
626-821-3222 www.arboretum.org
3rd Tuesday of the month

LACMA (L.A. County Museum of Art)
323-857-6000
2nd Tuesday of the month
The Boone's Children's Gallery in LACMA West will often have a free hands-on exhibition. In summer 2003 children could get a free LACMA junior membership and for each child membership one adult could enter the main museum free (with the child).

MOCA (Museum of Contemporary Art)
Thursdays 11am to 8pm

Natural History Museum
900 Exposition Boulevard, LA
213-762-3466 www.nhm.org
1st Tuesday of the month.

Pacific Asia Museum
N. Los Robles, Pasadena
626-449-2742
3rd Saturday of the month

Pasadena Symphony Musical Circus
626-793-7172
www.pasadenasympphony.org
Musical zoo (chance to touch instruments) at 8:30am followed by free concerts at 9am. 2nd Saturday of the month during school year

FURNITURE

Bartletts Ready-to-Finish Furniture
3725 East Colorado Blvd.
Pasadena (x-street Rosemead)
626-793-6093
Unfinished furniture. Ref. by Michaela M.

European Antique Imports
213-382-2030
www.europeanantique.com/trade
Wholesale prices if you go there and buy directly from the warehouse. Avoid the retail prices charged by their dealers (www.europeanantique.com). A friend bought a great table made of antique wood at 50% off the retail price. Ref. by Katie C.

Huntington Collection
766 South Fair Oaks, Pasadena
626-535-2468
Thrift shop, especially good for used furniture. A good day to go is Thursdays as they get new stuff that day. Ref. by Michaela M.

Macy's Furniture Outlet
3880 N. Mission Road, Los Angeles
323-227-2659
Open Weds - Sun, 11am to 6pm
Hit or miss if you find something but can be worth the drive. Head west on Huntington Drive to Mission Road (about 15 minutes west of Pasadena). Ref. by Katie C.

Salvation Army
See listing under Baby Supplies

GARDENING - NURSERIES

Nuccio's Nurseries
3555 Chaney Trail, Altadena
626-794-3383
Specialize in Camellias and Azaleas. Ref. by Kathleen S.

Perrson's Nursery
3115 E. Sierra Madre Blvd., Pasadena
626-792-6073
Hours: M-SAT 8-4:30. Ref. by Kathleen S.

San Gabriel Nursery and Florist
632 S. San Gabriel Blvd., San Gabriel
626-286-0787
Open 7 days. Ref. by Kathleen S.

GERMAN RESOURCES

German American School Association
Temple City 626-335-4669 or
Santa Monica 310-474-0707

German TV program
www.germantv.info
877-437-6268

Goethe Institute
5750 Wilshire Blvd., Los Angeles
323-525-3388
German library, film evenings and matinees for children.

GOURMET FOOD AND WINE

Bristol Farms
606 Fair Oaks, S. Pasadena (x-street Grevelia)
Gourmet food. Great meat. Ref. by Kay C.

Gourmet Imports
921 Meridian Avenue, Unit B
South Pasadena (x-street El Centro)
626-441-9600
www.gourmetimportsonline.com
info@gourmetimportsonline.com
Great Cheeses and other things. Gourmetish!
Ref. by Kay C. Nicole Grandjean's French food store under the blue awning. Ref. by Alice H.

Red Carpet Wine
400 E. Glenoaks, Glendale
800-339-0609
David is owner...very good wine store and has general liquor supply...will deliver
Ref. by Alice H.

Roma Italian Deli and Grocery
918 N. Lake Avenue, Pasadena (x-Mountain)
626-797-7748
Italian deli. Ref. by Lisa S-L.

Schreiner's
3417 Ocean View Boulevard, Glendale
X-street Verdugo in Montrose area
818-244-4735
Fine German sausages and other German specialties. Ref. by Michaela M.

GYMS

South Pasadena San Marino YMCA
1605 Garfield Avenue, South Pasadena
626-799-9119

Reasonable monthly membership includes free childcare. Good selection of exercise classes, including Yoga and Pilates + weight room and cardio equipment + indoor swimming pool. Ref. by Katie C.

HOME IMPROVEMENT

AIR CONDITIONING SERVICE

Jon's A/C Service
913 Valley Avenue, Monrovia
626-357-6749
Ref. by Lisa S-L

GLASS

Glass by Jerome
3451 Ocean View Blvd., Glendale
818-249-9859

Mirrors, table tops, screens, windows and shower enclosures. Ref. by Alice H.

HARDWARE

Berg's Hardware
495 N. Altadena Drive (1 block north of 210)
626-793-6161
Small hardware store with good customer service. I've gone in holding a broken piece of hardware and walked out quickly with its replacement. Ref. by Katie C.

Home Depot
Alhambra: 500 S. Marengo, 626-458-9800
Monrovia: 1625 S. Mountain, 626-256-0580
For many things amongst others earthquake safety stuff. Ref. by Michaela M.

Liz's Antique Hardware
453 S. La Brea
Los Angeles (1 block N. of Wilshire)
323-939-4403
Great place to pick up antique doorknobs and other hardware, etc. Ref. by Katie C.

Restoration Hardware
127 West Colorado Boulevard, Pasadena
626-795-7234
Ref. by Michaela M.

HARDWOOD FLOORS - REFINISHING

Tony Whitehead
626-398-0877. Ref. by Katie C.

INTERIOR DESIGNERS

Tom Luginbuhl
2840 E. Foothill Blvd., Pasadena
626-796-5629
Interior services: draperies, mini-blinds. Ref. by Alice H.

Pat McNamara
1375 South Oak Knoll Ave., Pasadena
626-796-9037
Interior and exterior designer. expensive, but excellent. Ref. by Alice H.

PAINTING

Dave Smiley
626-291-3282. Good painter. Ref. by Kay C.

PAINT SUPPLIES

ICI Paint Centre
2180 East Walnut Street, Pasadena
626-793-0681
Sell Dulux paint amongst others and offer excellent customer service. Ref. by Michaela M.

PHONE JACK INSTALLER

Jackman
626-797-5413. Ref. by Laurie Kov.

PLUMBING

E.L. Maloney Plumbing
626-289-3229
Nice family run business. Ref. by Kay C.

TREETRIMMER

Oscar Gutierrez
Cell phone 626-483-1801
Oscar truly knows what he is doing when he trims bushes and trees and his rates are reasonable. I can't say enough for his skill and reliability in showing up when he says he is going to. Ref. by Julie W.

WINDOW AND DOOR SCREENS

J.L. Screens & Doors
1876 E. Washington, Pasadena
626-794-2561
Repairs window, door and roller screens. Ref. by Kay C.

INTERNET ACCESS

Free internet access is available at public libraries (sometimes you have to sign up in advance for a time slot).

LIBRARIES

Pasadena Central Library
285 E. Walnut St., Pasadena
626-744-4052

San Marino Library
1890 Huntington Dr., San Marino
626-300-0777

South Pasadena Public Library
1100 Oxley Street, South Pasadena
626-403-7333

MEDICAL

ALLERGIST

Dr. Michael Glovsky
Asthma & Allergy Ctr.
39 Congress St # 302, Pasadena
626-397-3383
Ref. by Vilja Z.

EAR, NOSE AND THROAT

Dr. Steven Battaglia
65 N. Madison, Pasadena
626-796-6164
Ref. by Kay C.

INTERNAL MEDICINE

Dr. Andrew Muller
Family Medicine
Arroyo Seco Medical Group
1808 Verdugo Blvd., Glendale, CA 91208
818-790-1103. Ref. by Vilja Z.

Carol Thrun, MD

10 Congress - Suite 201, Pasadena
626-844-9111
Dr. Thrun is a wonderful internist, a good listener, and a thoughtful doctor. She doesn't rush her patients and she takes time to really think about her patients' health. Ref. by Julie W.

OB/GYN

Dr. Denise Aldahl
416 W. Las Tunas, San Gabriel
626-576-1214
Also has a separate practise based in Sierra Madre. Ref. by Katie C.

OPHTHALMOLOGY

Dr. Phillips
Doheny Eye Center
622 Duarte Rd., Arcadia
626-446-2122
Affiliated with USC. Ref. by Kay C.

OTHER

Jane Cobicciotti
UCLA Medical Dean's Office
310-206-6506; pager: 310-206-7427
Helps with medical care. Handles emergencies and can introduce doctors. Ref. by Alice H.

PEDIATRICIANS

Dr Ashford

Kaiser pediatrician in Pasadena twice a week.
Ref. by Isabelle L.

Dr. Henie Fialkoff

Healthcare Partners, Arcadia
626-446-8851
Ref. by Lisa S-L

Dr. Laura Mabie

Descanso Pediatrics
1346 Foothill Blvd., La Canada
818-790-5583
Ref. by Laurie Kov.

Dr. Mauer

Eaton Canyon Pediatric Group
2750 E. Washington, Pasadena
626-794-8098
Ref. by Kay C.

Dr. Audrey Reid

800 Fairmount Avenue #110, Pasadena
626-795-7051
Ref. by Katie C.

PLASTIC SURGEON

Dr. Martin O'Toole

624 S. Pasadena Ave., Pasadena
626-449-8910

URGENT CARE

Urgent Care

401 S. Fair Oaks Avenue, Pasadena
626-795-2244

Hours: M-F 7:30am - 10pm, Sat/Sun 9am - 7pm.
When our children need medical treatment after hours (suspected ear infections, etc.) but we don't want the long wait in the Emergency Room, then we've used Urgent Care with our Cigna medical insurance. Ref. by Katie C.

PARENT RESOURCES

PCC Parent Education Classes

PCC Community Education Center
3035 E. Foothill Boulevard, Pasadena
Tel: 626-585-3038

These free classes usually meet from 9am - 12 noon once a week at various locations in and around Pasadena. Parents or caregivers can bring their child/children and enjoy playtime, crafts, song time, snack time and discussion. These classes are great fun for children from birth through age 5 and a great way for parents to get out of the house and meet people in the same situation. If your chosen class is full, be persistent and ask to get on a waiting list.

PETS

CATHOSPITAL

Wiskers to Tails

156 South Rosemead Blvd., Pasadena
626-795-4134

Dr. Iburg is very kind. Cats only. Ref. by Kathleen S.

DOG BOARDING

Hayes Kennels

2429 Central Av, So. El Monte
626-575-2773. Ref. by Alice H.

Pasadena Humane Society

626-792-7151 x125

Excellent care, reasonable rates, but must be a member of the Humane Society. Well worth the annual fee. Ref. by Julie W.

VETERINARIANS

Arcadia Small Animal Hospital

311 N. Santa Anita Avenue, Arcadia
626-447-2244. Ref. by Katie C.

Banfield Animal Hospital at Pet Smart

3347 E. Foothill Boulevard, Pasadena
626-351-9767

They also offer pet insurance schemes. Ref. by Michael M.

Dr. Sylvia Domotor, DVM

Dr. Domotor's Veterinary Hospital
135 W. Foothill Ave., Monrovia
626-303-7881. Ref. by Vilia Z.

Ky Tang, Best Care Animal Hospital

1140 N. Pacific, Glendale
818-502-1134

Good and very reasonable. Ref. by Julie W.

Temple City Animal Hospital

5406 N. Rosemead Blvd., San Gabriel
626-287-1173

Veterinarian Bruce Carlson. Ref. by Alice H.

Vanderhoof Veterinary Hospital

2235 N. Lake Avenue, Altadena
626-798-5901. Ref. by Lisa S-L

PHARMACIES/DRUG STORES

Santa Monica Homeopathic Drug Store

310-395-1131

www.santamonicahomeopathic.com

Homeopathic remedies. Some more common remedies are also offered at Whole Foods. Ref. by Michaela M.

PIANO TUNERS

Jim Ogden

5303 Harter Lane, La Canada

818-952-3451, jnogden@flash.net

Registered Piano Technician Member. Ref. by Alice H.

T&S Piano Tuning

Todd and Sharon Lyall, 626-799-3490

Will tune your piano or evaluate one you're considering buying/selling. Ref. by Katie C.

PRESCHOOLS

Calvary Preschool

1050 Fremont Avenue
South Pasadena, CA 91030
626-799-0385

Morning preschool which also offers extended hours/full day care for children age 2 years, 9 months and toilet trained through pre-K. Ref. by Katie C.

San Marino Montessori School

444 S. Sierra Madre Blvd., San Marino
626-577-8007

Good, well run school. Offers extended care. Ref. by Kay C.

RADIO STATIONS

KCRW

89.9FM. Public radio station. World music.

KPPC

89.3 FM. Public radio station, helps to stay informed without TV. Ref. by Michaela M.

KUSC

91.5FM. Classical public radio station

SENIOR RESOURCES

Huntington Hospital Senior Care Network
626-397-3110

Ask for the Resource Center. Eddie helped us several times and was quite knowledgeable. The Resource Center recommends different types of senior services and also schedules in-home assessments which cost money and are done by social workers, not doctors. You can also schedule a geriatric consultation service which is a free comprehensive physical and mental evaluation. To schedule an appointment call Shirley Rener at 626-397-3127. This is a popular service - you might have to wait 2 months for an appointment. An alternative is to directly contact the doctor involved with the program: Dr. Norman Chien, 375 Huntington Drive, San Marino. 626-441-4231. Ref. by Laurie Kov.

SPRING ACTIVITIES

JPL Open House

www.jpl.nasa.gov

Usually a weekend in mid-May, it's a great chance to see what is happening at JPL.

Wildflower Hotline

www.theodorepayne.org

818-678-3533

Information line on wildflowers blooming in the area including Antelope Valley Poppy Reserve. Ref. by Michaela M.

USEFUL INFORMATION

CITY CONTACTS

Alhambra

626-570-5090. Community Services.

www.cityofalhambra.org

Arcadia

626-574-5113. Recreation Department.

www.ci.arcadia.ca.us

La Canada Flintridge

818-790-4289 www.lacanadaflintridge.com

Monrovia

626-932-5550 www.ci.monrovia.ca.us

Pasadena

626-744-4000 www.pasadenacal.com

The city publishes the *Pasadena Youth Resource Guide* which is available at local libraries and the City Hall Information kiosk. It lists all kinds of summer programs, including camps, art classes, concerts, and swimming classes taught in the high school pools. You can also request a copy by mail by contacting Judy Wolfe jwolfe@ci.pasadena.ca.us or 626-744-6942.

San Gabriel

626-308-2800

www.sgch.org

San Marino

626-535-0980 Recreation Department

South Pasadena

626-403-7230 www.ci.south-pasadena.ca.us

Temple City

626-285-2171

www.ci.temple-city.ca.us

WEBSITES

www.bargainsla.com

www.familyfun.com

Great ideas, practical advice, fun stuff to do

www.gocitykids.com

This helpful website allows you to type in your zipcode and receive a weekly e-newsletter with all the happenings in Los Angeles (it is not specific to Pasadena, some events are in LA, some in Orange County)

www.its.caltech.edu/~cwclub

Caltech Women's Club website.

www.its.caltech.edu/~teknique

Website of the Teknique which is published by the Graduate Student Council with tips on Caltech and the surrounding area. Good source of information for newcomers.

www.lamag.com/guide.htm

Go to "Kid Stuff" for L.A. Magazine's guide for the current month

www.laparent.net

L.A. Parent Magazine on the web lists summer camps and activities.

www.mygym.com

www.nps.gov/samo

Look for the Outdoor Quarterly Calendar for different events in the Santa Monica Mountains National Recreation Area.

www.pasadenaweekly.com

www.theorangecat.org

A calendar with current listings of local happenings, plus advice and tips for families living in the San Gabriel Valley.

www.schoolsout.org

This website lists summer programs in the Greater Pasadena Area.

www.e-znet.com/kids

The Pasadena Kids page lists free readings, outdoor activities, special events, etc.

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ANTIQUES	FAMILY FIELDTRIPS	Allergist
AUTOMOBILES	FARMER'S MARKETS	Ear, Nose and Throat
Auto Insurance	FREE DAYS	Internal Medicine
Auto Mechanics	FURNITURE	Ob/Gyn
Driving Lessons	GARDENING - NURSERIES	Ophthalmologist
Used Cars	GERMAN RESOURCES	Other
BABY SUPPLIES	GOURMET FOOD AND WINE	Pediatrician
BANKING	GYMS	Plastic Surgeon
BEAUTY SALONS	HOME IMPROVEMENT	Urgent Care
Children's Hairdressers	Air Conditioning Service	PARENT RESOURCES
Hairdressers	Glass	PETS
BOOKS	Hardware	Cat Hospitals
CARPET CLEANERS	Hardwood Floors - Refinishing	Dog Boarding
CHILDCARE	Interior Designers	Veterinarians
Daycare	Painting	PHARMACIES/DRUG STORES
Nannies	Paint Supplies	PIANO TUNERS
COUNSELLING - PSYCHOLOGISTS	Phone Jack Installer	PRESCHOOLS
DENTAL	Plumbing	RADIO STATIONS
Dentists	Tree Trimmer	SENIOR RESOURCES
Orthodontists	Window and Door Screens	SPRING ACTIVITIES
Pediatric Dentists	INTERNET ACCESS	USEFUL INFORMATION
DISCOUNT TICKETS	LIBRARIES	City Contacts
DRY CLEANERS		Websites

CALTECH WOMEN'S CLUB

Members of the Caltech/JPL community are welcome to join the Caltech Women's Club which offers a wide variety of activities:

Babysitting Co-op	Let's Do Lunch	Wednesdays in the Park Playgroup
Book Discussion Group	Preschool Playgroup	Welcoming Coffees
Caltech Women's Investment Club	Playreaders	Wine Tasters
Gallery Goers	Programs	
Garden Adventures	Stitchery	

The club is most active during the academic year (October - May) although some activities continue during the summer. For information on membership for Fall 2003, please contact Marjie Weinreb (626-666-1401, mjweinreb@earthlink.net) or check the club website: www.its.caltech.edu/~cwclub. Other questions please email: cwclub@its.caltech.edu

